

BREAKFAST & ALL DAY

POWER BOWLS

Sambazon Original Acai Bowl 11,50
Acai, Banane, Blaubeeren, Apfelsaft, Gurana, Müsli, crunchy Granola & frische Früchte (A/H)

Acai Bowl 10,50
Acai, Banane, Blaubeeren, Müsli, frische Früchte, Granola & Kokosnuss (A/H)

Mango Tango 10,50
Mango, Banane, Hafermilch, Honig, Bio Chiasamen, Mandeln, Granola & Himbeeren (A/H)

Pink Dragon 10,50
Dragon Fruit, Banane, Ananas, Coconutwater, Honig, Bio Chiasamen, Granola & Kokoschips (A/H)

Choco Berry 10,50
Haferflocken, Kakao, Mandelmilch, Blaubeeren & Minze (A/F/H)

Feel Good 10,50
Müsli, Griechischer Joghurt, Banane, Blaubeeren, Goji Beeren, Bio Chiasamen, (A/E/G/H)

Create a healthy homemade Brekki Bowl
Cals don't count 10,50

PORRIDGE

8 - 19 Uhr

Haferflocken, Honig, Hafermilch, Mandelcreme, Griechischer Joghurt, Apfel, Banane, Kiwi & Zimt (A/H/G) 11,50

mit SKYR reich an Protein / no sugar

BAGELS

Cream Cheese (A/G) 3,90
Cream Cheese, smoked Salmon & Gurken (A/D/G) 5,40
Cream Cheese, Avocado, Ei & Tomaten (A/C/G) 5,40
Butter / Mandelbutter (A/G - A/H) 3,90
Butter & Jam / Butter & Nutella (A/G) 4,90
Peanutbutter & Jam (A/H/G) 4,90

PANCAKES

Maple Syrup, Butter & Blueberries (A/C) 7,50
Vanilla Cream & Caramel Syrup (A/C/G) 7,50
Pistachio & White Chocolate (A/C/G/F) 7,50

BUBBLE WAFFLE

(A/G/C) 4,90
+ Topping: Strawberry | Banana | Berry mix | Ice Cream Vanilla | Sahne | Marshmallow | Crazy Hazel | Hello Bello | Cookies & Cream | Freaky Fuge | Chocolate- / Strawberry- / Caramel-Sauce
Topping +0,70

HOT/COLD STUFF • FRESH JUICES • SMOOTHIES • PROTEIN • SHAKES & SHOTS

HOT STUFF

Espresso Doppelter Espresso 2,90 / 3,90
Espresso Macchiato | Verlängerter Americano 3,10
Melange | Cappuccino 3,90
Latte Macchiato 4,20
+ Vanille | Caramel | Salted Caramel | Choco | Hazelnut + 0,20
Pumpkin Spice Latte 4,90
Heiße Schokolade weiss/dunkel 4,20
Chai Latte 4,20
Matcha Latte 4,50
Tea (English Breakfast, Green Tea, Wild Berry Wonder & Vitalizing Herbs) 3,90

COLD STUFF

Espresso on the Rocks 2,90
Americano on the Rocks 3,10
Iced Cappuccino 3,90
Iced Latte Macchiato 4,20
+ Vanille | Caramel | Salted Caramel | Choco | Hazelnut + 0,20
Iced Chai Latte 4,20
Iced Matcha Latte 4,50
Iced Tea (English Breakfast, Green Tea, Wild Berry Wonder & Vitalizing Herbs) 3,90

PROTEIN SHAKES (0,4L)

Diverse Sorten: Erdbeer | Vanille | White Chocolate-Cocos 4,50

Mr. Universe 6,50
Hanfprotein, Mandelmilch, Banane & Zimt (E) 6,50

Shehulk 6,50
Vanilleprotein, Mandelmilch, Kiwi & Spirulina (E)

Peanutbutter me up 6,50
Hanfprotein, Mandelmilch, Peanutbutter, Raw Cacao & Banane (E)

SHOTS

Detox Shot Spinat, Gurke, Zitrone & Kollagen 3,50
No Flu Kurkuma, Pfeffer, Mandelmilch & Agavendicksaft (E) 3,50
Wake me up Kaltgebrühter Kaffee, Mandelmilch & Karamellsirup (E) 3,50
Pick me Apfel & Ingwer 3,50

Choose your milk type +0,50



Mandelmilch
Sojamilch
Hafermilch
Kokosmilch
L-free Milch

SMOOTHIES (0,4L)

Berry Booster Rote Beete, Apfel, Erdbeeren & Basilikum 5,50
Exotic Dreams Ananas, Orange, Mango & Passionsfrucht
Summer Feeling Wassermelone, Erdbeeren & Minze

SUPER SMOOTHIES (0,4L)

Queen Acai Acai, Ananas, Passionsfrucht, Erdbeere, Banane & Apfelsaft 7,50
Doc Savage Mango, Erdbeeren, Banane, Maca & Orangensaft
Market Greenie Avocado, Spinat, Zitronensaft, Kohl, Apfel, Birne, Sellerie & Spirulina (L)

MILKSHAKES (0,4L)

Erdbeer | Banane | Vanille | Kokos 4,90

FRESH JUICES (0,4L)

Orange / Apfel / Karotte / Ananas / Sellerie / Gurke / Rote Beete / Mix 50/50 5,50
Ginger Blast: Karotte & Apfel + GINGER !! 5,50
Hangover: Apfel, Ananas, Minze & Basilikum 5,50
Honolulu: Kohl, Apfel, Ingwer, Sellerie & Spinat 5,50
V6 Cleanser: Karotte, Rote Beete, Apfel & Zitrone 5,50

Pimp your drink with Superfoods: +2,00

Acai, Hanfprotein, Raw Kakao, Kurkuma, Collagen, Maca, Spirulina, Curcuma, Makro Greens, Guarana

LUNCH & ALL DAY

Summer Bowl 1

Summer Turkey's 15,90 / 11,90
Sushi Reis, Sous-vide pulled Turkey, Flavor: homemade Tamari Sesame, Kirschtomaten, Mango, Rotkraut, Jungzwiebeln, Mais, Sauce: homemade Honey Dijon Sauce & black Seaweed (A/M/N)

Summer Bowl 2

Shii-ta-ke 15,90 / 11,90
Sushi Reis, Shiitake Pilze, Flavor: Sojasauce; Babyspinat, Jungzwiebel, Edamame, Sojasprossen, Avocado, Koriander, Sauce: homemade Tamari Sesami & black-white Sesame Seeds (F/N/L)

Bowl 1

Kauai Tofu Salad 13,90 / 10,90
Gemischter Salat, Babyspinat, mariniertes Bio-Tofu, Flavor: creamy Sesame Sauce; Edamame, Granatapfel, Karotten, Kirschtomaten, Mango, Sauce: homemade creamy Avocado Sauce & Kokoschips (C/M/N)

Bowl 2

Vegan Protein 13,90 / 10,90
Sushi Reis, mariniertes Bio-Tofu, Flavor: homemade Orange Sesame Sauce; Edamame, mixed Beans, Karotten, Mango, Avocado, Sauce: Peanut Saté Sauce & geröstete Erdnüsse (A/F/N/E)

Bowl 3

Planted Chicken BBQ 15,90 / 11,90
Sushi Reis, planted Chicken, Flavor: Teriyaki; Mais, mixed Beans, Rotkraut, Sojasprossen, Zoodles, Sauce: Peanut Saté Sauce & gerösteter Mais (A/F/M/E)

Bowl 4

Vegan Zalmon 15,90 / 11,90
Sushi Reis, Zalmon, Flavor: Teriyaki; Goma Wakame, Karotten, Sushi Ingwer, Kirsch-tomaten, Gurken, Sauce: Peanut Saté Sauce & black-white Sesame Seeds (A/E/F/N)

Bowl 5

Vegan Zuna 15,90 / 11,90
Sushi Reis, Zuna, Flavor: Teriyaki; Goma Wakame, Karotten, Sushi Ingwer, Kirschtomaten, Gurken, Sauce: Peanut Saté Sauce & black-white Sesame Seeds (A/E/F/N)

Bowl 6

Chicken Sate 13,90 / 10,90
Sushi Reis, Sous-vide Chicken, Flavor: homemade Tamari Sesame Sauce; Babyspinat, Edamame, Gurken, Karotten, Kirschtomaten, Sauce: Peanut Saté Sauce & geröstete Erdnüsse (A/E/F/N)

Bowl 7

Island Beef 15,90 / 11,90
Sushi Reis, Sous-vide Roastbeef, Flavor: homemade Orange Sesame Sauce; Jungzwiebeln, Karotten, mixed Beans, Rotkraut, Mais, Sauce: homemade Honey Dijon Sauce & Röstzwiebeln (A/C/F/M/N)

Bowl 8

Tiki Tuna 15,90 / 11,90
Sushi Reis, Ahi Thunfisch, Flavor: Teriyaki; Edamame, Goma Wakame, Karotten, Kirschtomaten, Jungzwiebeln, Sauce: creamy Sesame Sauce & Röstzwiebeln (A/C/D/N/O)

Bowl 9

Vulcano Salmon 15,90 / 11,90
Sushi Reis, Lachs, Flavor: creamy Sesame Sauce; Goma Wakame, Gurken, Kirschtomaten, Karotten, Jungzwiebeln, Sauce: creamy Truffle Mayo & black-white Sesame Seeds (A/C/D/F/M/N)

Bowl 10

Truffle Prawn 15,90 / 11,90
Sushi Reis, Sous-vide Garnelen, Flavor: homemade Tamari Sesame Sauce; Granatapfel, Gurken, Rotkraut, Zoodles, Jungzwiebeln, Sauce: creamy Truffle Mayo & Röstzwiebeln (A/B/C/F/M/N/O)

BE CREATIVE & BUILD YOUR OWN BOWL!

1. Base 1x

• Sushi Reis - 50 / 50
• Mixed Salat - Quinoa (+ 1,50)
• Zoodles

2. Protein 1x

• Special: Pulled Turkey / Shiitake Pilze 15,90 / 11,90
• mariniertes Bio-Tofu 13,90 / 10,90
• planted Chicken (BBQ) 15,90 / 11,90
• sous-vide Chicken 13,90 / 10,90
• sous-vide Roastbeef | Garnelen 15,90 / 11,90
• Lachs | Ahi Thunfisch 15,90 / 11,90
• Zalmon (vegane Lachs) 15,90 / 11,90
• Zuna (vegane Thunfisch) 15,90 / 11,90
• Extra-Protein + 4,00

3. Flavor 1x

• homemade Orange Sesame
• homemade Tamari Sesame
• creamy Sesame
• Sojasauce
• Teriyaki

4. Topping 5x

Special: • Koriander • Sojasprossen
• Salat • Babyspinat • Jungzwiebel
• Rotkraut • Kirschtomaten • Mixed Beans
• Mais • Gurke • Sushi Ingwer
• Edamame • Mango • Goma Wakame
• Zoodles • Karotten • Granatapfel
• Avocado

5. Sauce 1x

• homemade Wasabi Cream
• homemade Honey Dijon
• homemade Avocado
• homemade Spicy Mayo
• homemade Peanut Saté
• creamy Sesame
• Sojasauce
• Purple Mayo
• Truffle Mayo

6. Crunch 1x

• Erdnüsse (geröstet)
• Seetang (getrocknet)
• Mais (geröstet - gesalzen)
• Röstzwiebeln
• black-white Sesame Seeds
• Kokoschips
• Granatapfel
• Wasabi (+1,00)



Gültig ab März 2025.

