

# > breakfast & all day <

# > smoothies & shakes < 0.4 L

## POWER BOWLS

**1 SAMBAZON Original Acai Bowl** 13,20  
Acai, Banane, Blaubeeren, Apfel-saft, Guarana, Müsli, crunchy Granola & frische Früchte & Kokosnuss (A/H)

**2 Acai Bowl** 12,20  
Acai, Banane, Blaubeeren, Coconutwater, Müsli, Granola, frische Früchte & Kokosnuss (A)

**3 Choco Berry Bowl** 12,20  
Haferflocken, Kakao, Mandelmilch, Blaubeeren & Minze (A/F/E/G)

**4 Mango Tango Bowl** 12,20  
Mango, Banane, Hafermilch, Honig, Mandeln, Bio Chiasamen, Granola & Himbeeren (A/H)

**5 Pink Dragon Bowl** 12,20  
Dragon Fruit, Banane, Ananas, Coconutwater, Honig, Bio Chiasamen & Kokoschips (A)

**6 FEEL GOOD Bowl** 12,20  
crunchy Müsli, Griechischer Joghurt, Banane, Blaubeeren, Goji Beeren & Bio Chiasamen (A/F/E/G/H)

mit **SKYR** ✔ 13,20  
reich an Protein / no sugar

**PORRIDGE** 8 - 19 Uhr  
Porridge, Haferflocken, Mandelcreme, Griechischer Joghurt, Apfel, Banane, Kiwi, Zimt (A/G/H)

mit **SKYR** ✔ 13,20  
reich an Protein / no sugar

**PANCAKES** *Granny's Buttermilk*  
Maple Syrup, Butter & Blueberries (A/C)

Vanilla Cream & Caramel Syrup (A/C/G)

Pistachio Ice Cream & White Chocolate (A/C/G/F)

**BAGELS** 4,50  
Cream Cheese (A/G)

Salmon 5,90  
Cream Cheese, smoked Salmon & Gurken (A/D/G)

Avocado 5,90  
Cream Cheese, Avocado, Ei & Tomaten (A/D/G)

**Bubble Waffle** (A/G/C) 5,30  
8 - 19 Uhr  
+ Toppings  
Strawberry | Banana | Berry mix | Ice Cream  
Vanilla | Sahne | Marshmallow  
Crazy Hazel | Hello Bello | Cookies & Cream | Freaky Fuge | Chocolate- / Strawberry- / Caramel-Sauce +0,70

## Create your own Brekki Bowl! 12,20

# > lunch & all day <

**Summer Bowl 1** 17,20 / 13,20  
**Summer Turkey's**  
Sushi Reis, Sous-vide pulled Turkey  
Flavor: homemade Tamar Sesame  
Kirschtomaten, Mango, Rotkraut, Jungzwiebeln, Mais, Sauce: homemade Honey Dijon Sauce & black Seaweed (A/M/N)

**Summer Bowl 2** 17,20 / 13,20  
**Shii-ta-ke**  
Sushi Reis, Shiitake Pilze, Flavor: Sojasaucen, Babyspinat, Jungzwiebel, Edamame, Sojasprossen, Avocado, Koriander, Sauce: homemade Tamar Sesame & black-white Sesame Seeds (A/N/L)

**1 Kauai Tofu Salad** 15,20 / 12,20  
Gemischter Salat, Babyspinat, mariniertes Bio-Tofu, Flavor: creamy Sesame Sauce; Edamame, Granatapfel, Karotten, Kirschtomaten, Mango, Sauce: homemade creamy Avocado Sauce & Kokoschips (C/M/N)

**2 Vegan Protein** 15,20 / 12,20  
Sushi Reis, mariniertes Bio-Tofu, Flavor: homemade Orange Sesame Sauce; Edamame, mixed Beans, Karotten, Mango, Avocado, Sauce: Peanut Saté Sauce & geröstete Erdnüsse (A/F/N/E)

**3 Planted Chicken BBQ** 17,20 / 13,20  
Sushi Reis, planted Chicken, Flavor: Teriyaki; Mais, mixed Beans, Rotkraut, Sojasprossen, Zoodles, Sauce: Peanut Saté Sauce & gerösteter Mais (A/F/N/E)

**4 Vegan Zalmen** 17,20 / 13,20  
Sushi Reis, Zalmen, Flavor: Teriyaki; Goma Wakame, Karotten, Sushi Ingwer, Kirschtomaten, Gurken, Sauce: Peanut Saté Sauce & black-white Sesame Seeds (A/E/F/N)

**5 Chicken Sate** 15,20 / 12,20  
Sushi Reis, Sous-vide Chicken, Flavor: homemade Tamar Sesame Sauce; Babyspinat, Edamame, Gurken, Karotten, Kirschtomaten, Sauce: Peanut Saté Sauce & geröstete Erdnüsse (A/E/F/N)

**6 Island Beef** 17,20 / 13,20  
Sushi Reis, Sous-vide Roastbeef, Flavor: homemade Orange Sesame Sauce; Jungzwiebeln, Karotten, mixed Beans, Rotkraut, Mais, Sauce: homemade Honey Dijon Sauce & Röstzwiebeln (A/C/F/M/N)

**7 Tiki Tuna** 17,20 / 13,20  
Sushi Reis, Ahi Thunfisch, Flavor: Teriyaki; Edamame, Goma Wakame, Karotten, Kirschtomaten, Jungzwiebeln, Sauce: creamy Sesame Sauce & Röstzwiebeln (A/C/D/M/N)

**8 Vulcano Salmon** 17,20 / 13,20  
Sushi Reis, Lachs, Flavor: creamy Sesame Sauce; Goma Wakame, Gurken, Kirschtomaten, Karotten, Jungzwiebeln, Sauce: creamy Truffle Mayo & black-white Sesame Seeds (A/C/D/F/M/N)

**9 Truffle Prawn** 17,20 / 13,20  
Sushi Reis, Sous-vide Garnelen, Flavor: homemade Tamar Sesame Sauce; Granatapfel, Gurken, Rotkraut, Zoodles, Jungzwiebeln, Sauce: creamy Truffle Mayo & Röstzwiebeln (A/B/C/F/M/N)

**Create your own Bowl!**

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## SMOOTHIES

**Berry Booster** 6,20  
Rote Beete, Apfel, Erdbeeren & Basilikum

**Exotic Dreams** 6,20  
Ananas, Orange, Mango & Passionsfrucht

**Summer Feeling** 6,20  
Wassermelone, Erdbeeren & Minze

**Queen Acai** 8,20  
Acai, Ananas, Passionsfrucht, Erdbeere, Banane & Apfelsaft

**Doc Savage** 8,20  
Mango, Erdbeere, Banane, Maca & Orangensaft

**Market Greenie** 8,20  
Avocado, Spinat, Zitronensaft, Kohl, Apfel, Birne, Sellerie & Spirulina (L)

## SUPER SMOOTHIES

**MILKSHAKES** 5,60  
aus Erdbeer Banane Vanille oder Kokos

**PROTEINSHAKES** 5,60  
aus Erdbeer Vanille oder White Chocolate-Cocos

## PROTEINSHAKES

**Mr. Universe** 7,20  
Hanfprotein, Mandelmilch, Banane & Zimt

**Shehulk** 7,20  
Vanilleprotein, Mandelmilch, Kiwi & Spirulina (E)

**Peanutbutter me up** 7,20  
Hanfprotein, Mandelmilch, Peanutbutter, Raw Cacao & Banane (E)

## ENERGY SHOTS

**Pick me** 4,20  
Apfel & Ingwer

**Detox Shot** 4,20  
Spinat, Gurke, Zitronen & Kollagen

**No Flu** 4,20  
Kurkuma, Pfeffer, Mandelmilch & Agavendicksaft (E)

**Wake me up** 4,20  
Kaltgebrühter Kaffee, Mandelmilch & Karamellsirup (E)

## FRESH JUICES (0.4L)

aus Orange Apfel Karotte Ananas Gurke Rote Beete Sellerie oder Mix 50:50

6,20

## Special Juices (0.4L)

**Ginger Blast** 6,20  
Karotte, Apfel & GINGER

**Hangover** 6,20  
Apfel, Ananas, Minze & Basilikum

**Honolulu** 6,20  
Kohl, Apfel, Ingwer, Sellerie & Spinat

**V6 Cleanser** 6,20  
Karotte, Rote Beete, Apfel & Zitrone

**Super Foods** Pimp your drink with Superfoods +2,00  
Acai, Hanfprotein, Raw Kakao, Kurkuma, Collagen, Maca, Spirulina, Curcuma, Makro Greens, Guarana

# > hot & cold stuff <

## HOT STUFF 8 - 19:30 Uhr

Espresso	Doppelter Espresso	2,90 / 3,90
Espresso Macchiato		3,10
Verlängerter Cappuccino	Americano	3,10
Cappuccino		3,90
Latte Macchiato		4,20
+ Flavour: Vanille Caramel		+ 0,30
Chai Latte		4,50
Matcha Latte		4,50
+ Flavour: Strawberry Mango		+ 0,90
<b>NEW</b> Ube Latte		4,50
Pumpkin Spice Latte		4,90
Tea (English Breakfast Green Tea Wild Berry)		3,90
Heiße Schokolade weiss dunkel		4,20

## COLD STUFF

Espresso on the Rocks	2,90
Americano on the Rocks	3,10
Iced Cappuccino	3,90
Iced Latte Macchiato	4,20
+ Flavour: Vanille Caramel	+ 0,30
Iced Chai Latte	4,50
Iced Matcha Latte	4,50
+ Flavour: Strawberry Mango	+ 0,90
<b>NEW</b> Iced Ube Latte	4,50

## Choose your milk type +0,50

Soy Almond Oat Coconut L-Free