

Special: High Protein Apfelstrudel

Oats, Griechischer Joghurt, Almonds, Apple, Vanilla Protein, Walnuts, Apfelstrudel, Cinnamon

11,50

POWER BOWLS

Sambazon Original Acai Bowl

Acai, Banane, Blaubeeren, Apfelsaft, Gurana, Müsli, crunchy Granola & frische Früchte

12,50

Create a healthy homemade Brekki Bowl
Cats don't count 11,50

Acai Bowl

Acai, Banane, Blaubeeren, Müsli, frische Früchte, Granola & Kokosnuss

11,50

Mango Tango

Mango, Banane, Hafermilch, Honig, Bio Chiasamen, Mandeln, Granola & Himbeeren

11,50

Pink Dragon

Dragon Fruit, Banane, Ananas, Coconutwater, Honig, Bio Chiasamen, Granola & Kokoschips

11,50

Choco Berry

Haferflocken, Kakao, Mandelmilch, Blaubeeren & Minze

11,50

Feel Good

Müsli, Griechischer Joghurt, Banane, Blaubeeren, Goji Beeren, Bio Chiasamen.

12,50

BAGELS

Cream Cheese 3,90
Cream Cheese, smoked Salmon & Gurken 5,40
Cream Cheese, Avocado, Ei & Tomaten 5,40
Butter / Mandelbutter 3,90
Butter & Jam / Butter & Nutella 4,90
Peanutbutter & Jam 4,90

Granny's Buttermilk

PANCAKES

Maple Syrup, Butter & Blueberries 7,50
Vanilla Cream & Caramel Syrup 7,50
Pistachio & White Chocolate 7,50

NEW!



BUBBLE WAFFLE

+ Topping: Strawberry | Banana | Berry mix | Ice Cream Vanilla | Sahne | Marshmallow | Crazy Hazel | Hello Bello | Cookies & Cream | Freaky Fuge | Chocolate- / Strawberry- / Caramel-Sauce 4,90

Topping +0,70

HOT/COLD STUFF • FRESH JUICES • SMOOTHIES • PROTEIN • SHAKES & SHOTS

HOT STUFF

Espresso | Doppelter Espresso 2,90 / 3,90
Espresso Macchiato | Verlängerter | Americano 3,10
Melange | Cappuccino 3,90
Latte Macchiato 4,20
+ Vanille | Caramel | Salted Caramel | Choco | Hazelnut +0,20
Pumpkin Spice Latte 4,90
Heiße Schokolade weiss/dunkel 4,20
Chai Latte 4,20
Matcha Latte 4,50
Tea [English Breakfast, Green Tea, Wild Berry Wonder & Vitalizing Herbs] 3,90

SMOOTHIES

Berry Booster Rote Beete, Apfel, Erdbeeren & Basilikum
Exotic Dreams Ananas, Orange, Mango & Passionsfrucht
Summer Feeling Wassermelone, Erdbeeren & Minze

SUPER SMOOTHIES

Queen Acai Acai, Ananas, Passionsfrucht, Erdbeere, Banane & Apfelsaft
Doc Savage Mango, Erdbeeren, Banane, Maca & Orangensaft
Market Greenie Avocado, Spinat, Zitronensaft, Kohl, Apfel, Birne, Sellerie & Spirulina

MILKSHAKES

Erdbeer | Banane | Vanille | Kokos 4,90

COLD STUFF

Espresso on the Rocks 2,90
Americano on the Rocks 3,10
Iced Cappuccino 3,90
Iced Latte Macchiato 4,20
+ Vanille | Caramel | Salted Caramel | Choco | Hazelnut +0,20
Iced Chai Latte 4,20
Iced Matcha Latte 4,50
Iced Tea [English Breakfast, Green Tea, Wild Berry Wonder & Vitalizing Herbs] 3,90

PROTEIN SHAKES

Diverse Sorten: Erdbeer | Vanille | White Chocolate-Cocos 4,50

Mr. Universe

Hanfprotein, Mandelmilch, Banane & Zimt

6,50

Shehulk

Vanilleprotein, Mandelmilch, Kiwi & Spirulina

6,50

Peanutbutter me up

Hanfprotein, Mandelmilch, Peanutbutter, Raw Cacao & Banane

6,50

SHOTS

Detox Shot Spinat, Gurke, Zitrone & Kollagen 3,50
No Flu Kurkuma, Pfeffer, Mandelmilch & Agavendicksaft 3,50
Wake me up Kaltgebrühter Kaffee, Mandelmilch & Karamellsirup 3,50
Pick me Apfel & Ingwer 3,50

Choose your milk type

Soy
Almond
Oat
Coconut
L-free

FRESH JUICES

Orange / Apfel / Karotte / Ananas / Sellerie / Gurke / Rote Beete / Mix 50/50 5,50

Ginger Blast: Karotte & Apfel + GINGER !! 5,50
Hangover: Apfel, Ananas, Minze & Basilikum 5,50
Honolulu: Kohl, Apfel, Ingwer, Sellerie & Spinat 5,50
V6 Cleanser: Karotte, Rote Beete, Apfel & Zitrone 5,50

Pimp your drink with Superfoods:

Acai, Hanfprotein, Raw Kakao, Kurkuma, Collagen, Maca, Spirulina, Curcuma, Makro Greens, Guarana +2,00

LUNCH & ALL DAY

warme Bowl

Winter Bowl 1

Kalua Pork BBQ
Sushi Reis, slow cooked pulled Pork, Flavor: Teriyaki; mixed Beans, Jungzwiebeln, Rotkraut, Mais, Karotten, Sauce: warme BBQ Sauce & Röstzwiebeln

16,50 12,50

warme Bowl

Winter Bowl 2 Huli Huli Curry Chicken

Sushi Reis, Sous-vide Chicken, Flavor: homemade Orange Sesame Sauce; Mango, Karotten, Pumpkin, Jungzwiebeln, Zoodles, Sauce: warme Curry Sauce & Kokoschips

16,50 12,50

Bowl 1

Kauai Tofu Salad

Gemischter Salat, Babyspinat, marinierter Bio-Tofu, Flavor: creamy Sesame Sauce; Edamame, Granatapfel, Karotten, Kirschtomaten, Mango, Sauce: homemade creamy Avocado Sauce & Kokoschips

14,50 11,50

Bowl 2

Vegan Protein

Sushi Reis, marinierter Bio-Tofu, Flavor: homemade Orange Sesame Sauce; Edamame, mixed Beans, Karotten, Mango, Avocado, Sauce: Peanut Saté Sauce & geröstete Erdnüsse

14,50 11,50

Bowl 3

Planted Chicken BBQ

Sushi Reis, planted Chicken, Flavor: Teriyaki; Mais, mixed Beans, Rotkraut, Sojasprossen, Zoodles, Sauce: Peanut Saté Sauce & gerösteter Mais

16,50 12,50

Bowl 4

Vegan Zalmon

Sushi Reis, Zalmon, Flavor: Teriyaki; Goma Wakame, Karotten, Sushi Ingwer, Kirsch-tomaten, Gurken, Sauce: Peanut Saté Sauce & black-white Sesame Seeds

16,50 12,50

Bowl 5

Chicken Sate

Sushi Reis, Sous-vide Chicken, Flavor: homemade Tamari Sesame Sauce; Babyspinat, Edamame, Gurken, Karotten, Kirschtomaten, Sauce: Peanut Saté Sauce & geröstete Erdnüsse

14,50 11,50

Bowl 6

Island Beef

Sushi Reis, Sous-vide Roastbeef, Flavor: homemade Orange Sesame Sauce; Jungzwiebeln, Karotten, mixed Beans, Rotkraut, Mais, Sauce: homemade Honey Dijon Sauce & Röstzwiebeln

16,50 12,50

Bowl 7

Tiki Tuna

Sushi Reis, Ahi Thunfisch, Flavor: Teriyaki; Edamame, Goma Wakame, Karotten, Kirschtomaten, Jungzwiebeln, Sauce: creamy Sesame Sauce & Röstzwiebeln

16,50 12,50

Bowl 8

Vulcano Salmon

Sushi Reis, Lachs, Flavor: creamy Sesame Sauce; Goma Wakame, Gurken, Kirschtomaten, Karotten, Jungzwiebeln, Sauce: creamy Truffle Mayo & black-white Sesame Seeds

16,50 12,50

Bowl 9

Truffle Prawn

Sushi Reis, Sous-vide Garnelen, Flavor: homemade Tamari Sesame Sauce; Granatapfel, Gurken, Rotkraut, Zoodles, Jungzwiebeln, Sauce: creamy Truffle Mayo & Röstzwiebeln

16,50 12,50

Miso Ramen & Udon Noodles

Misobrühe, Udon Noodles, Sojasprossen, Mais, Lauch, Karotten, Noriblatt, 1/2 Ei, Röstzwiebel & Koriander

Bio Tofu Roastbeef
Chicken Prawn
Shiitake

14,50

16,50

fresh & hot

BE CREATIVE & BUILD YOUR OWN BOWL!



1. Base

Sushi Reis 50 / 50
Mixed Salat Quinoa (+ 1,50)
Zoodles

2. Protein

Special: slow cooked pulled Pork 16,50 / 12,50
marinierter Bio-Tofu 14,50 / 11,50
planted Chicken (BBQ) 16,50 / 12,50
sous-vide Chicken 14,50 / 11,50
sous-vide Roastbeef | Garnelen 16,50 / 12,50
Lachs | Ahi Thunfisch 16,50 / 12,50
Zalmon (vegane Lachs) 16,50 / 12,50
Extra-Protein + 4,00

3. Flavor

homemade Orange Sesame
homemade Tamari Sesame
creamy Sesame
Sojasauce
Teriyaki

4. Topping

Special: Koriander Sojasprossen
Salat Babyspinat Jungzwiebel
Rotkraut Kirschtomaten Mixed Beans
Mais Gurke Sushi Ingwer
Edamame Mango Goma Wakama
Zoodles Karotten Granatapfel
Avocado

5. Sauce

homemade Wasabi Cream
homemade Honey Dijon
homemade Avocado
homemade Spicy Mayo
homemade Peanut Saté
creamy Sesame
Sojasauce
Purple Mayo
Truffle Mayo
Special: HOT Curry (warm)
Special: HOT BBQ (warm)

6. Crunch

Erdnüsse (geröstet)
Seetang (getrocknet)
Mais (geröstet - gesalzen)
Röstzwiebeln
black-white Sesame Seeds
Kokoschips
Granatapfel
Wasabi (+1,00)